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## Lesson 13: Perfect Questions for Your Pet

In this video, you will find out how asking the right question is essential to communicating with your animal companions. When I first started working professionally 15 years ago, I found myself thinking, “I should have asked that question.” Or “Why didn’t they answer me?” Sometimes my questions were too “big” or had several questions or angles in one. If that was the case, many times the pets didn’t answer or I thought I wasn’t hearing them. Then a large German Shepherd said to me, “You’re not asking the right question!” Another time a Paint horse added, “Your question has multiple answers and your brain is not prepared.” That is when I started focusing on the quality of the question and having different ways to ask. Depending on the animal and the situation I was able to be more successful in retrieving information from my fellow fur beings.

A question stems from a desire to know more about something, ask about a particular action or behavior they have, solve a problem or find a new way to do something.

### **Here are some guidelines on questions:**

1. Keep the question positive, ask “How can I understand you?” verses “Why are you ruining my house?” Avoid using “Why” questions with your pets.
2. Keep the question short.
3. A single idea in each question.

Here are the four types of questions in order of easiest to more challenging. This is not a solid rule. You might find it different for you. Try out all of these versions.

### **4 Types of Questions:**

1. “Yes” and “No”

2. Options
3. Comparison
4. Open-ended

Write down 4 questions you want to know about your pets. Then apply the 4 types of questions to receive your answers. Remember to add appropriate visuals, sounds, smells or textures. You may also find repeating the question either out loud or inwardly 3 or 4 times very helpful.

Question 1:

Question 2:

Question 3:

Question 4:

**Before asking your question, remember to do your 5 Step Energy Preparation first:**

1. Breathing
2. Grounding and Centering
3. Turning "On" intuition
4. Open your heart
5. Universal Shield of Light

State your question by asking to receive the highest and best information possible for you and your animal companions at this time.

**Tip:**

The speed in which a question is answered can vary. At times I receive the answer to a question before I even fully formulate it and other times it takes a few minutes. I find this can vary based on my energy (relaxed and open or closed and anxious) or the personality of the animal.

Notice how answers are coming to you and write down your experiences.