



Asia Voight
Professional Animal Communicator
& Intuitive Life Guide
and Business Strategist

Lesson 15: Dog Talk

Watch the video and practice the 5 Energy Pet Talk Hand Positions with your dog. Learn about the Infinity Breathing Technique to aid you in pulling into your heart the sky and earth energies of the Universe.

Questions:

What do you notice when practicing this Infinity Breathing Method?

Where do you like starting your pet talk hand positions?

Ask your dog a spiritual question: What did you experience?

Ask your dog an emotional question: What did you experience?

Ask your dog a physical question: What did you experience?

Reflection:

1. How are you seeing your pet?
2. What have you learned from them?
3. How have these insights changed your view of your animal companion?
4. What new action, if any, will you now be taking?

