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Lesson 7: Partner Energy Exchange

Enroll a partner! Watch the video and learn the importance of receiving priceless feedback on the type of energy you are sending. If it's too strong you might have your pets running from you and not wanting to connect. If it is too weak, they might not be feeling anything. If you are too unfocused, your energy could be literally bouncing off the walls. Working with a human partner will give you essential insight into where and how your energy blueprint is being perceived. The more people you practice with the better you will be able to give and receive energy communication with dogs, cats and horses.

Move through the 5 Preparation Steps to Pet Talk:

1. Grounding and centering yourself
2. Breathing
3. Turning on your intuitive energy
4. Opening your heart
5. Feeling a loving shield of protection around you

Realize that energy can be sent and felt with direct touch, inches away from the subject, thousands of miles away, or to another person or pet who has crossed over to the other side.

When working with your human partner, remember to ask for feedback in all of the different hand positions. With practice, the energy you are sensing will start to turn into words, pictures, feelings and a full conversation.

Questions:

What did you notice in energetically connecting with your partner?

What hand position “clicked” or had you sigh?

What hand position felt agitating?

What did you discover about your energy?

What will you do differently when working with your pets after this feedback session?