



Asia Voight
Professional Animal Communicator
& Intuitive Life Guide
and Business Strategist

Lesson 8: Five Energy Pet Talk Hand Positions

Watch the informative video and learn the 5 Energy Pet Talk Hand Positions and their uses in assisting you in deepening your conversation with your animal companions. Learn important additional steps such as making sure your pet is comfortable and establishing the right distance for energy conversation depending on your cat, dog or horse's confidence. Practice these Energy Pet Talk Hand Positions with your cat, dog, horse, or chicken.

Observations:

What did you notice when first approaching your animal companion?

What did you feel in hand position #1?

What did you experience in hand position #2?

What did you sense in hand position #3?

What energy did your pet send you in hand position #4?

What temperature, sensation, texture, picture or feeling did you receive in hand position #5?

Tips:

Try imagining your energy flowing in and out through your hands, through your pet's body and back again to you through these different visuals:

Water hose

IV

Computer cord

String of Christmas lights

Horse reins

Rope

Medical respirator machine

Fire hose

River

Blow dryer

Stream

Stethoscope