



Asia Voight
Professional Animal Communicator
& Intuitive Life Guide
and Business Strategist

Lesson 9: Energy Connection with Your Pets, Part 2

Watch the video learning more about grounding and making an energetic connection with your pets.

Practice scanning your animal's aura field above and then close to their body.

Questions:

What do you feel scanning your animal's body?

Ask any unusual energy:

What does this sticky feeling mean?

What does this hot spot mean?

Where did this dark spot over this part of your body come from?

Why do I hear a sound over this part of your body?

Practice your “Yes” and “No” sensations.

Tip:

You can practice, depending on your pet’s comfort level, the Energy Pet Talk Hand Positions outside, in a park, by the water, in the woods or surrounded by rocks. Remember to trust yourself and let go of any judgments.

Asking Questions of Your Pets:

When first starting, it’s best to be open to any type of sensation whether it answers a question for you or not. It’s about starting to feel these sensations and differentiate between them and not worry in the onset what exactly they mean. If you are a beginning student to energy sensing, getting into your rational mind will stop the flow completely. Eventually you will be able to feel with your intuitive mind, stay open and then formulate and ask a question with your rational mind. When you are ready to start with detailed questions, here are the 3 main steps.

3 Steps on Questions:

1. Create your question
2. State your question with an image or any other helpful sensation
3. Soft focused attention for the response

Observations:

What did you notice when first approaching your animal companion?

What did you feel in hand position #1?

What did you experience in hand position #2?

How were you able to sense what you did in hand position #3?

What energy did your pet send you in hand position #4?

What temperature, sensation, texture, picture or feeling did you receive in hand position #5?